BERGEN FLEX TROUSERS SIZE GUIDE

Guide is in centimeters (cm).

You can quickly find out which size fits you with our handy size conversion guide. The size guide is for informational purposes only, as sizes may vary.

Body measurements

EU	INT	HEIGHT	CHEST	WAIST	LEG LENGHT
46	S	170-174	86-94	74-82	104
48	Μ	174-176	94-98	82-86	105
50	Μ	176-178	98-102	86-90	107
52	L	178-180	102-106	90-94	108
54	L	180-182	106-110	94-99	110
56	XL	182-184	110-114	99-104	111
58	XL	184-186	114-118	104-109	113
60	XXL	186-188	118-122	109-114	114
62	XXL	188-194	122-129	114-119	116
64	XXXL	192-194	129-133	119-124	114
66	XXXL	194-200	133-137	124-129	116

CHEST

Place the measuring tape just under the armpits and measure the circumference at the widest part of the chest.

LEG LENGTH

Measure from the hips to the bottom of an ankle, while standing with straight legs.

ARM LENGTH

Place your hand on your hip. Hold the tape at the top of your shoulder. Measure across your shoulder to your elbow and down to your wrist.

WAIST

Place the measuring tape around the natural waist and measures the area between the top of the hip bone and the lower ribs.